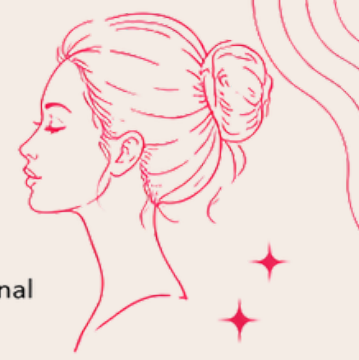




DISCLAIMER



PLEASE READ BEFORE USING THIS GUIDE

The information provided in this guide is for educational and informational purposes only and is not intended as medical advice.

Your safety is your responsibility.

IMPORTANT INFORMATION

- ♥ This guide is not a substitute for professional medical advice, diagnosis, or treatment.
- ♥ Always do your own research and consult with a qualified healthcare professional before starting any new treatment, especially if you have a medical condition, are pregnant, nursing, or taking medication.
- ♥ The techniques and recommendations in this guide are based on personal experience and research. Results can vary from person to person.
- ♥ You are **solely responsible** for your own decisions, actions, and results.
- ♥ The author and creator of this guide are not licensed medical professionals. All content is shared in good faith.
- ♥ This guide does not provide medical, legal, or professional advice of any kind. **Use at your own risk.**



Your Safety Comes First

Always prioritize hygiene, use sterile equipment, follow proper protocols, and listen to your body. If you experience any adverse effects, discontinue use and seek professional medical attention.



DO YOUR OWN RESEARCH

Stay informed, ask questions, and educate yourself before trying any treatment.



HYGIENE IS EVERYTHING

Always use sterile equipment and clean products to reduce the risk of infection.



KNOW YOUR CONTRAINDICATIONS

Do not use if you have any conditions that could be worsened by the treatment.



START SLOW AND LISTEN

Everyone's skin is different. Start with less, observe how your skin responds, and adjust.



YOU ARE IN CONTROL

You know your body best. Always make empowered, informed decisions.

♥ LEGAL DISCLAIMER ♥

By using this guide, you acknowledge and agree that the author, creator, and any affiliated parties are not liable for any injury, harm, loss, or adverse reaction that may occur as a result of using the information provided. You agree to take full responsibility for your own health, safety, and results.



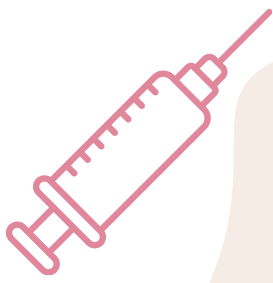
This guide is here to empower you with knowledge,
but you are the expert of your own journey.



Thank you ♥

for being part of this journey and for prioritizing your confidence and well-being.

- Beauty Babes Only -



BAP Mesotherapy

*not medical advice

What does BAP stand for?

BAP (Bio Aesthetic Points): A technique that uses a small number of strategically placed injection points to allow a product to spread evenly throughout the treatment area while minimizing injections, discomfort, and downtime.

What are the benefits of BAP Mesotherapy?

- Improves skin hydration and moisture retention
- Enhances skin elasticity and firmness
- Smooths fine lines and improves skin texture
- Promotes a healthier, more radiant complexion
- Supports collagen and elastin production
- Improves overall skin quality and luminosity
- Can help restore a more refreshed and rejuvenated appearance

What are the risks of BAP Mesotherapy?

Redness, swelling, bruising, tenderness, temporary bumps, infection, allergic reactions, uneven results, and rare vascular complications.

@bevydiy

www.bevybeauty.co



BAP MESOTHERAPY

Injection Points

**not medical advice*

Angle & Depth

45 degrees
about 2mm deep

1. Zygomatic Protrusion

2cm from the outer
corner of the eye

Injection Amount

0.2 ml per point
(can slightly vary)

2. Nasal Base

2cm from the nasal
fold, in line with
the pupil

3. Inferior margin of the tragus

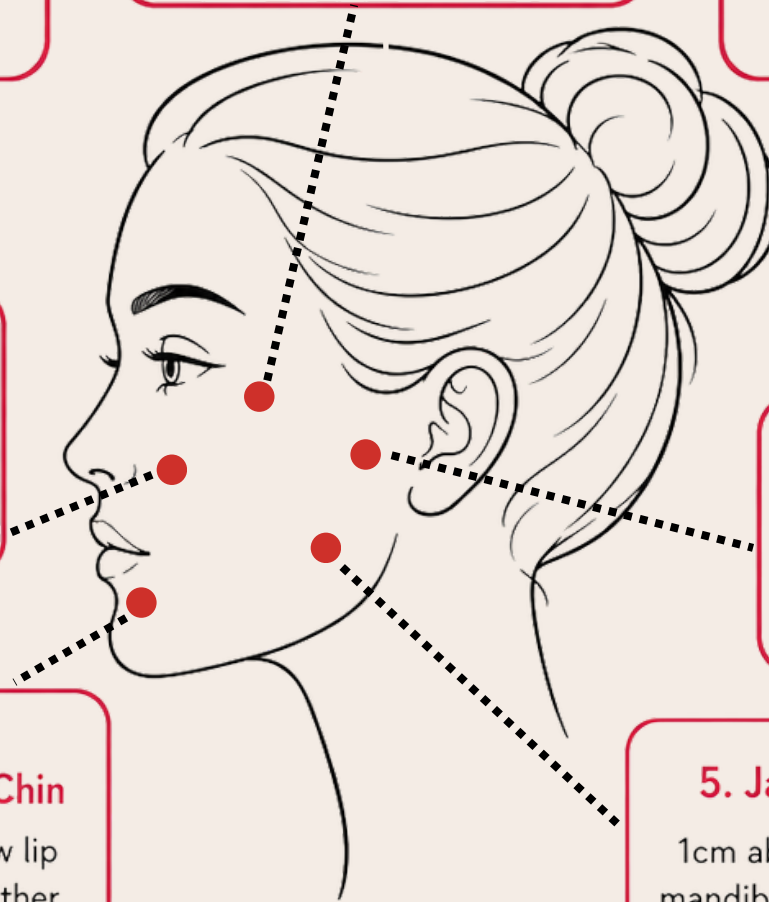
1cm inferior to
the tragus

4. Labial Commissure/Chin

One-third below lip
centre, 1.5cm either
side of midline

5. Jawline

1cm above the
mandibular angle



✦ TREATMENT NOTES ✦

- ♥ 5 injection points per side of the face
- ♥ Commonly used with skin boosters and HA-based mesotherapy products
- ♥ Designed to promote even product distribution
- ♥ Placement should be adjusted for individual anatomy

⚠ SAFETY REMINDER ⚠

This guide is for educational purposes only and should not be considered medical advice or a procedural tutorial.

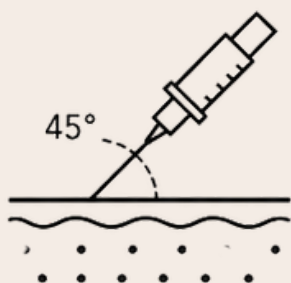


NECK BAP TECHNIQUE

10-POINT INJECTION PATTERN

*not medical advice

ANGLE & DEPTH

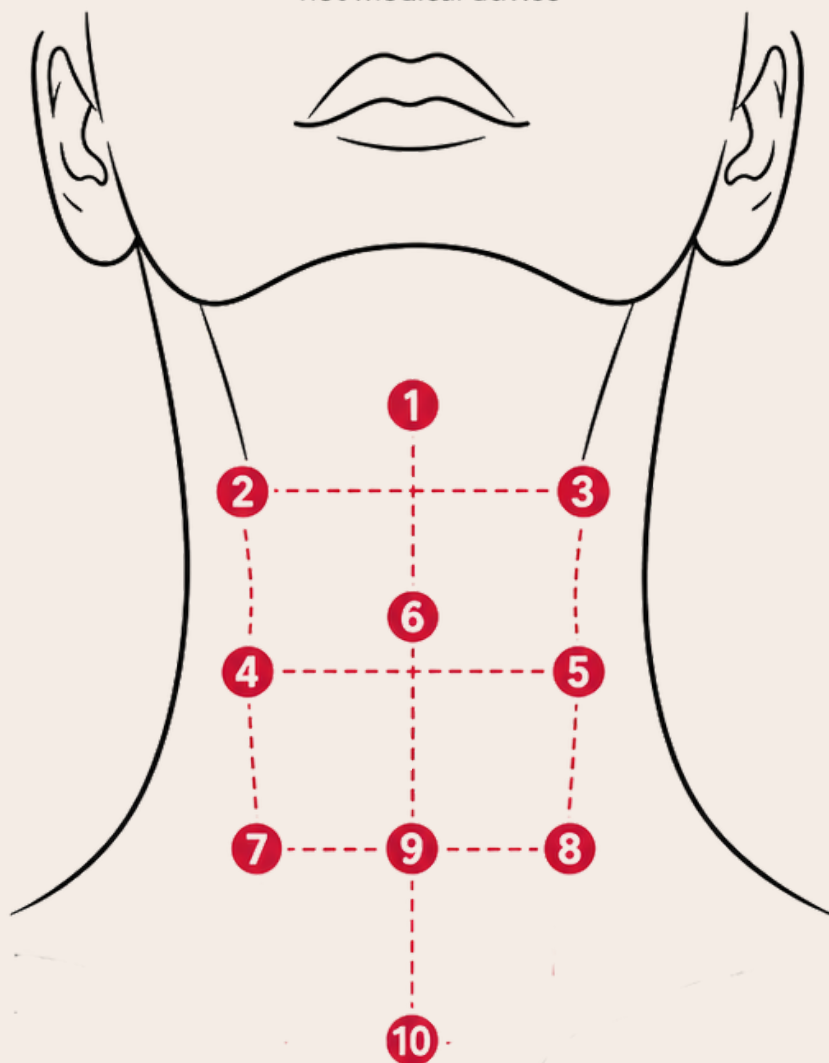


45 degrees
about 2mm deep

INJECTION AMOUNT



0.2 ml per point
(can slightly vary)



TREATMENT NOTES

- ♥ 10 injection points on the neck
- ♥ Commonly used with skin boosters and HA-based mesotherapy products
- ♥ Designed to promote even product distribution
- ♥ Placement should be adjusted for individual anatomy

SAFETY REMINDER

This guide is for educational purposes only and should not be considered medical advice or a procedural tutorial.

Beauty Babes ♥



@bevydiy



www.bevybeauty.co





BAP MESOTHERAPY

Supplies Needed

*not medical advice

- ☐ Mesotherapy Product / Skin Booster
- ☐ 1 mL Syringe (Luer Lock)
- ☐ 30G–34G Needle (4mm)
- ☐ Alcohol Prep Pads
- ☐ Nitrile Gloves
- ☐ Gauze Pads
- ☐ Sharps Container
- ☐ Topical Numbing Cream (Optional)
- ☐ Facial Cleanser
- ☐ Mirror & Good Lighting

✦ QUICK REFERENCE ✦

Typical BAP Pattern

- ♥ 5 points per side
- ♥ 10 points total
- ♥ Product amount varies by product used
- ♥ Follow manufacturer recommendations



✦ VENDOR LINKS ✦

[Amazon.com](#)

Acecosm- Code BEVY10
[Acecosm.com](#)

Meamo Shop- Code BEVY
[meamoshop.com](#)

Get Glowing Skincare- Code BEVY15
[getglowingskincare.com](#)

@bevydiy

www.bevybeauty.co



BAP MESOTHERAPY

My Favorite Products



Elaxen HA PN \$

deep hydration, brighter more radiant skin, smooth texture, softened fine lines, improved firmness and elasticity, supports skin repair, strengthens the skin barrier, improved overall skin quality

Found at Acecosm
10 2.5ml syringes



Hyaron \$

Deep hydration, improved skin elasticity, smoother skin texture, softened fine lines, brighter complexion, enhanced skin plumpness, supports skin repair, improved overall skin quality.

Found at Acecosm, celmade, meamo
10 2.5ml syringes



Tesoro Collagen \$\$\$

Improves skin firmness and elasticity, stimulates collagen production, smooths fine lines and wrinkles, refines skin texture, improves skin hydration, supports skin regeneration, enhances radiance, helps improve the appearance of acne scars.

Found at Acecosm
1 2.5ml syringe



Kiara Reju \$\$\$

Deep hydration, improved skin elasticity, smoother skin texture, brighter complexion, softened fine lines, supports collagen production, enhances skin repair, improved overall skin quality.

Found at Acecosm, meamo, celmade
3 2.2ml syringes



Hyalace \$\$\$\$

Deep hydration, improved skin elasticity, smoother skin texture, softened fine lines, enhanced skin plumpness, brighter complexion, supports skin repair, improved overall skin quality.

Found at Acecosm
1 2ml syringe



Elaxen PN \$\$

Skin repair and regeneration, improved skin elasticity, smoother skin texture, reduced fine lines, brighter complexion, strengthened skin barrier, improved skin tone, enhanced overall skin quality.

Found at Acecosm
3 2.5ml syringes

@bevydiy

www.bevybeauty.co



BAP MESOTHERAPY

Pre-Treatment Checklist

*not medical advice

☐

Remove makeup

☐

Cleanse skin thoroughly

☐

Disinfect treatment area

☐

Tie hair back

☐

Gather all supplies

☐

Review product instructions

☐

Photograph treatment area (optional)





BAP MESOTHERAPY

Aftercare Guide

*not medical advice



Avoid touching the area unnecessarily.



Avoid makeup for 12–24 hours.



Avoid intense exercise for 24 hours.



Avoid excessive heat and sun exposure.



Stay hydrated.



Follow product-specific instructions.

◆ REMEMBER ◆

Mild redness, swelling, or small bumps may occur and usually resolve within 24–72 hours.

Contact your provider if you experience unusual pain, swelling, or other concerns.



BAP MESOTHERAPY Treatment Tracker

*not medical advice

DATE	PRODUCT	AMOUNT USED	PRODUCT / AREA TREATED	NOTES

✦ ADDITIONAL NOTES ✦

✦ RESULTS OBSERVED ✦

☐ Hydration ☐ Glow ☐ Firmness ☐ Texture ☐ Other _____



VENDOR PAGE

TRUSTED PARTNERS. QUALITY RESULTS.

VENDOR / BRAND	PRODUCTS OFFERED	WEBSITE	DISCOUNT CODE / NOTES
Acecosm	tox, boosters, filler, fat dissolvers	acecosm.com	BEVY10
Meamo Shop	tox, boosters, filler, fat dissolvers	meamoshop.com	BEVY
Celmade	tox, boosters, filler, fat dissolvers	celmade.co	BEVY15
Get Glowing Skincare	peels, boosters, filler, skincare	getglowingskincare.com	BEVY15
Dr Pen Online	dr pens & cartridges	drpenonline.com	BEVY
Ion Peptides	peptides	ionpeptide.com	BEVY15
Peptira	peptides	peptira.com	BEVY
Platinum Skincare	chemical peels	platinumskincare.com	SAVE10NOW

★ Thank you ★

FOR SUPPORTING THESE AMAZING BRANDS
THAT HELP US BRING YOU THE BEST RESULTS.

SUPPORT SMALL. SHOP SMART. GROW TOGETHER.

@bevydiy



www.bevybeauty.co

