



DISCLAIMER



PLEASE READ BEFORE USING THIS GUIDE

The information provided in this guide is for educational and informational purposes only and is not intended as medical advice.

Your safety is your responsibility.

IMPORTANT INFORMATION



Your Safety Comes First

Always prioritize hygiene, use sterile equipment, follow proper protocols, and listen to your body. If you experience any adverse effects, discontinue use and seek professional medical attention.

- ♥ This guide is not a substitute for professional medical advice, diagnosis, or treatment.
- ♥ Always do your own research and consult with a qualified healthcare professional before starting any new treatment, especially if you have a medical condition, are pregnant, nursing, or taking medication.
- ♥ The techniques and recommendations in this guide are based on personal experience and research. Results can vary from person to person.
- ♥ You are **solely responsible** for your own decisions, actions, and results.
- ♥ The author and creator of this guide are not licensed medical professionals. All content is shared in good faith.
- ♥ This guide does not provide medical, legal, or professional advice of any kind. **Use at your own risk.**



DO YOUR OWN RESEARCH

Stay informed, ask questions, and educate yourself before trying any treatment.



HYGIENE IS EVERYTHING

Always use sterile equipment and clean products to reduce the risk of infection.



KNOW YOUR CONTRAINDICATIONS

Do not use if you have any conditions that could be worsened by the treatment.



START SLOW AND LISTEN

Everyone's skin is different. Start with less, observe how your skin responds, and adjust.



YOU ARE IN CONTROL

You know your body best. Always make empowered, informed decisions.

♥ LEGAL DISCLAIMER ♥

By using this guide, you acknowledge and agree that the author, creator, and any affiliated parties are not liable for any injury, harm, loss, or adverse reaction that may occur as a result of using the information provided. You agree to take full responsibility for your own health, safety, and results.



This guide is here to empower you with knowledge,
but you are the expert of your own journey.



Thank you ♥

for being part of this journey and for prioritizing your confidence and well-being.

- Beauty Babes Only -



BARBIE FACIAL



AKA MICROTOX FACIAL

*not medical advice

WHAT IS A BARBIE FACIAL?



The Barbie Facial (also called a Microtox Facial) is a cosmetic treatment that combines superficial microneedling with a botulinum toxin solution. Rather than targeting facial muscles like traditional botulinum toxin injections, the solution is applied superficially through the microchannels created during microneedling. The goal is to improve overall skin quality rather than alter facial movement.

COMMONLY REPORTED BENEFITS

- Helps minimize the appearance of enlarged pores
- Creates a smoother skin texture
- Produces a radiant, "glass skin" glow
- Improves overall skin luminosity
- Helps soften the appearance of very fine superficial lines
- May reduce excess surface oil
- Creates a more polished makeup finish
- Minimal downtime



*Pore Refinement + Glow
are the main goals!*

HOW IT DIFFERS FROM TRADITIONAL TOX

TRADITIONAL BOTULINUM TOXIN



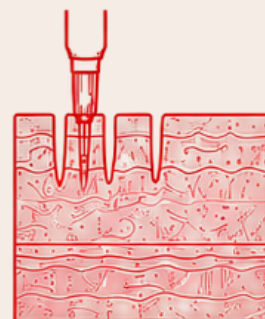
- Injected into specific muscles
- Temporarily reduces targeted muscle activity
- Primarily treats dynamic wrinkles

BARBIE FACIAL (MICROTOX)



- Used superficially with microneedling
- Not intended to reach the underlying facial muscles
- Focuses on improving skin appearance, not muscle relaxation
- Designed to promote a smoother-looking complexion and refined skin texture

KEY FACT: SUPERFICIAL EFFECT



Epidermis
Dermis
(where the toxin is applied)
Muscle Layer
(not affected)

The toxin is delivered only into the superficial layers of the skin.

**DEPTH OF 0.5MM OR LESS.
IT DOES NOT GO DEEP ENOUGH
TO AFFECT FACIAL MUSCLES.**



This treatment enhances skin quality without changing your expressions.

PRODUCTS COMMONLY USED



Diluted
Botulinum
Toxin Solution
30-50 units ~



Sterile
Saline



Hyaluronic Acid
Serum
(commonly used by
some practitioners
as a glide / slip
medium)



Other Sterile
Hydrating
Glide Products
(optional)

IDEAL FOR THOSE LOOKING TO

- Minimize the look of pores
- Achieve a smooth, refined and glowy complexion
- Improve overall skin tone and texture
- Enhance skin radiance and clarity
- Support long-term skin health with minimal downtime



EDUCATIONAL NOTE

There are multiple techniques used for this treatment. Product selection, dilution, application method, and needle depth vary among providers and practitioners.



YOUR SAFETY MATTERS

Always work in a clean, sterile environment and follow proper protocols. Your safety comes first. Always trust a qualified professional.

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TREATMENT JOURNEY: STEP-BY-STEP OVERVIEW

This is a general overview of the Barbie Facial (Microtox Facial) treatment stages.

ALL TREATMENTS SHOULD BE PERFORMED BY A LICENSED AND PROPERLY TRAINED PROFESSIONAL.

1 CLEANSE FACE



- Remove all makeup, sunscreen, oil, and impurities.
- Use a gentle cleanser and rinse thoroughly.
- Pat skin dry with a clean towel.



Clean, makeup-free skin is essential for best results and to reduce risk.

2 SET UP AREA



- Ensure a clean, well-lit, and disinfected treatment area.
- Gather sterile, single-use supplies.
- Verify toxin solution and microneedling device are ready.



Sterility and organization create a safe and effective treatment environment.

3 APPLY NUMBING



- Apply a topical numbing agent evenly to treatment areas.
- Allow adequate time for numbing as directed by the product used.



Follow product instructions for timing and do not exceed recommended duration.

4 REMOVE NUMBING



- Gently remove numbing cream with a clean gauze or cotton pad.
- Thoroughly cleanse the area to remove all residue.



Clean skin helps ensure optimal product performance and comfort.

5 APPLY TOX & SLIP



- Toxin is mixed with an appropriate slip solution (such as heron, optional) to create a smooth glide.
- The solution is applied evenly to the treatment area.



Always use the appropriate solution and technique for safe, superficial application.

6 MICRONEEDLE



- Micro-needle the solution into the skin superficially at **0.5mm OR LESS**.
- Use light, even passes to promote absorption and skin renewal.



Superficial only – the goal is enhanced absorption and glow, NOT muscle effect.

POST-TREATMENT CARE



BE GENTLE

Avoid touching your face, wearing makeup, or using harsh products for 24–48 hours.



SUN PROTECTION

Use broad-spectrum SPF daily to protect your results and support skin health.



HYDRATE

Keep skin well hydrated with gentle, soothing skincare products.



AVOID

Heat, heavy exercise, saunas, and alcohol for 24–48 hours (or as recommended).



MONITOR SKIN

Mild redness or tightness may occur. Contact your professional if you have any concerns.



KEY REMINDERS

- Botulinum toxin is a prescription-only medication.
- Proper training is required for dilution, product handling, and administration.
- This guide is for educational purposes only and is not a procedural tutorial.
- Always follow local laws, professional guidelines, and product instructions.
- When in doubt, ask a professional.



YOUR SAFETY MATTERS

Always work in a clean, sterile environment and follow proper protocols. Your safety comes first. Always trust a qualified professional.

Healthy skin. Confident you.

BARBIE FACIAL

♥ AKA ♥

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WHAT TO EXPECT AFTER TREATMENT



IMMEDIATE

Mild redness, warmth, and a slight flushed feeling are normal. Skin may feel tight or sensitive.



24-48 HOURS

Redness typically subsides. Skin may feel slightly dry or tight.



3-7 DAYS

Skin appears smoother, pores look smaller, and your natural glow begins to shine.



LONG-TERM RESULTS

With consistent treatments, skin becomes more radiant, refined, and healthy-looking. Results develop gradually and vary from person to person.

♥ AFTERCARE DO'S & DON'TS ♥



✓ DO THIS

- ✓ Keep skin clean and hydrated
- ✓ Use gentle, soothing skincare
- ✓ Apply broad-spectrum SPF daily
- ✓ Use a fragrance-free moisturizer
- ✓ Follow professional's instructions
- ✓ Be patient – results build overtime

✗ AVOID THIS

- ✗ Makeup for 24-48 hours
- ✗ Heat, saunas, steam rooms
- ✗ Intense exercise or sweating
- ✗ Alcohol for 24-48 hours
- ✗ Harsh exfoliants or actives
- ✗ Picking, touching, or scratching



Your skin is working hard to renew and heal. Treat it gently and give it the time it needs!



TREATMENT FREQUENCY

Treatments are typically spaced 4-6 weeks apart for optimal results. Your professional will recommend a plan tailored to your skin goals.



Consistency is the key to long-lasting results!

IMPORTANT NOTES

- ♥ This treatment is customized to your unique skin.
- ♥ Results vary based on individual skin type, lifestyle, and aftercare.
- ♥ Always choose a qualified professional who understands facial anatomy and safe techniques.
- ♥ If you have any concerns, reach out to your professional.



♥ COMMON QUESTIONS ♥

Q

Does the tox go deep enough to affect facial muscles?

A

No. When performed correctly at 0.5mm or less, the toxin stays within the superficial layers of the skin and does not affect underlying facial muscles.

Q

How long do results last?

A

Results vary, but most clients see improvement for 4-6 weeks with consistent treatments.

Q

Will I look "frozen"?

A

No. This treatment is not intended to relax muscles. It enhances skin quality without changing your expressions.

Q

Can it be combined with other treatments?

A

Yes! It pairs well with other skin-boosting treatments. Always consult your professional for a customized plan.



POSSIBLE SIDE EFFECTS

- ♥ Mild redness, warmth, or sensitivity
- ♥ Dryness or tightness
- ♥ Temporary flaking or rough texture
- ♥ Mild pinpoint bleeding (rare)
- ♥ Breakouts (temporary)
- ♥ Hyperpigmentation (rare)
- ♥ Infection (very rare with proper technique)



Side effects are typically mild and temporary. Follow all aftercare instructions to reduce risk and support healing.



YOUR SAFETY MATTERS

Always work with a licensed professional who prioritizes safety, sterility, and your goals. When in doubt, ask questions.



THE BARBIE GLOW

Less is more. Always.

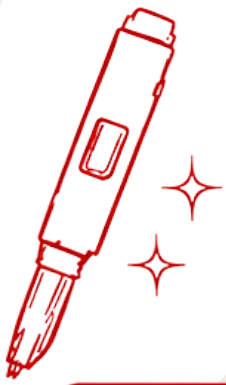
The goal is radiant, healthy skin that still looks and feels like YOU.



@bevydiy

Beauty Babes ♥

www.bevybeauty.co



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♥ PRODUCT CHECKLIST ♥

☐		CHEAPEST TOX FROM YOUR PREFERRED VENDOR OR TOX YOU HAVE LEFT OVER FROM TOX TREATMENT ♥ Botulinum Toxin Type A ♥ 30–50 units ~ ♥ Reconstitute with sterile bacteriostatic saline as directed by your provider	♥ WHY IT'S IMPORTANT Provides the superficial neuro-modulating effect that helps refine pores, reduce oil, and improve overall skin quality.
☐		HYARON OR SIMILAR STERILE HYALURONIC ACID ♥ Sterile, non-crosslinked Hyaluronic acid ♥ Deep hydration + skin barrier support ♥ Helps improve plumpness and glow ♥ Mix with tox solution for enhanced results	♥ WHY IT'S IMPORTANT Hydrates the skin, supports healing, and enhances product penetration for better overall results.
☐		DR PEN (M8S) OR 0.5MM HYDRA NEEDLE ♥ M8S is our preferred device ♥ Use a 0.5mm hydra needle ♥ Creates microchannels for optimal product absorption ♥ Ensures even, controlled depth	♥ WHY IT'S IMPORTANT The right device and needle depth are key to safe, effective, and consistent results.
☐		NUMBING CREAM ♥ Topical anesthetic cream ♥ Helps minimize discomfort during microneedling ♥ Apply 20–30 minutes before treatment ♥ Wipe off completely before starting	♥ WHY IT'S IMPORTANT Ensures a more comfortable experience so you can relax and focus on your results.
☐		ALCOHOL PADS ♥ 70% Isopropyl alcohol ♥ Cleans and disinfects skin before treatment ♥ Use to sanitize tools and surfaces ♥ Essential for a sterile, safe environment	♥ WHY IT'S IMPORTANT Helps prevent bacteria and reduces the risk of irritation or infection.

★ TIPS FOR SUCCESS ★

- ♥ Always work in a clean, sterile environment.
- ♥ Use fresh needles and sterile products every time.
- ♥ Less is more—follow proper dilutions and depths.
- ♥ Be patient and consistent for the best long-term results.



Great skin is built on

**PREPARATION
+ CONSISTENCY**



My tested vendors are located on the **VENDOR PAGE.**



EDUCATIONAL NOTE

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VENDOR PAGE

TRUSTED PARTNERS. QUALITY RESULTS.

VENDOR / BRAND	PRODUCTS OFFERED	WEBSITE	DISCOUNT CODE / NOTES
Acecosm	tox, boosters, filler, fat dissolvers	acecosm.com	BEVY10
Meamo Shop	tox, boosters, filler, fat dissolvers	meamoshop.com	BEVY
Celmade	tox, boosters, filler, fat dissolvers	celmade.co	BEVY15
Get Glowing Skincare	peels, boosters, filler, skincare	getglowingskincare.com	BEVY15
Dr Pen Online	dr pens & cartridges	drpenonline.com	BEVY
Ion Peptides	peptides	ionpeptide.com	BEVY15
Peptira	peptides	peptira.com	BEVY
Platinum Skincare	chemical peels	platinumskincare.com	SAVE10NOW

★ Thank you ★

FOR SUPPORTING THESE AMAZING BRANDS
THAT HELP US BRING YOU THE BEST RESULTS.

SUPPORT SMALL. SHOP SMART. GROW TOGETHER.

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