



DISCLAIMER



PLEASE READ BEFORE USING THIS GUIDE

The information provided in this guide is for educational and informational purposes only and is not intended as medical advice.

Your safety is your responsibility.

IMPORTANT INFORMATION



Your Safety Comes First

Always prioritize hygiene, use sterile equipment, follow proper protocols, and listen to your body. If you experience any adverse effects, discontinue use and seek professional medical attention.

- ♥ This guide is not a substitute for professional medical advice, diagnosis, or treatment.
- ♥ Always do your own research and consult with a qualified healthcare professional before starting any new treatment, especially if you have a medical condition, are pregnant, nursing, or taking medication.
- ♥ The techniques and recommendations in this guide are based on personal experience and research. Results can vary from person to person.
- ♥ You are **solely responsible** for your own decisions, actions, and results.
- ♥ The author and creator of this guide are not licensed medical professionals. All content is shared in good faith.
- ♥ This guide does not provide medical, legal, or professional advice of any kind. **Use at your own risk.**



DO YOUR OWN RESEARCH

Stay informed, ask questions, and educate yourself before trying any treatment.



HYGIENE IS EVERYTHING

Always use sterile equipment and clean products to reduce the risk of infection.



KNOW YOUR CONTRAINDICATIONS

Do not use if you have any conditions that could be worsened by the treatment.



START SLOW AND LISTEN

Everyone's skin is different. Start with less, observe how your skin responds, and adjust.



YOU ARE IN CONTROL

You know your body best. Always make empowered, informed decisions.

♥ LEGAL DISCLAIMER ♥

By using this guide, you acknowledge and agree that the author, creator, and any affiliated parties are not liable for any injury, harm, loss, or adverse reaction that may occur as a result of using the information provided. You agree to take full responsibility for your own health, safety, and results.



This guide is here to empower you with knowledge,
but you are the expert of your own journey.



Thank you ♥

for being part of this journey and for prioritizing your confidence and well-being.

- Beauty Babes Only -

PEPTIDE

Cheat Sheet

QUICK REFERENCE GUIDE



WEIGHT LOSS & METABOLISM

Tirzepatide	GLP-1/GIP agonist • appetite • glucose control • weight loss
Retatrutide	GLP-1/GIP/glucagon agonist • investigational weight-loss drug
Semaglutide	GLP-1 agonist • appetite • glucose control • weight loss
Liraglutide	GLP-1 agonist • appetite • glucose control • weight loss
Cagrilintide	Amylin analog • satiety/appetite • investigational
Tesamorelin	GHRH analog • increases GH • reduces visceral abdominal fat in its approved indication
MOTS-C	Mitochondrial signaling peptide • metabolism/energy research
AOD-9604	HGH fragment • investigated for fat metabolism
5-Amino-1MQ	NNMT inhibitor • experimental metabolic research



MUSCLE GROWTH & RECOVERY

BPC-157	Experimental • tissue/tendon/gut healing research
TB-500 / TB4	Experimental • tissue repair • wound-healing research
CJC-1295	GHRH analog • increases GH/IGF-1 signaling
Ipamorelin	GH secretagogue • stimulates GH release
Tesamorelin	GHRH analog • GH/IGF-1 pathway
IGF-1 LR3	Experimental IGF-1 analog • anabolic/growth signaling
MK-677 / Ibutamoren	GH secretagogue • increases GH/IGF-1; not technically a peptide
Hexarelin	Experimental GH secretagogue



COGNITIVE & SLEEP SUPPORT

Semax	Investigational • cognition/focus/neuroprotection research
Selank	Investigational • anxiety/stress/cognition research
DSIP	Experimental • sleep/stress research
Cerebrolysin	Peptide mixture • neurological research/use varies by country
Epitalon	Experimental • aging/circadian research
NAD+	Cellular coenzyme • energy metabolism; not a peptide



HEALING, JOINTS & SKIN HEALTH

BPC-157	Tissue, tendon, ligament healing research
TB-500 / TB4	Tissue repair • flexibility • wound-healing research
GHK-Cu	Copper peptide • collagen production • skin/wound-healing research



IMMUNE SUPPORT & ANTI-INFLAMMATORY

Thymosin Alpha-1	Immune modulation • enhances T-cell activity
Thymulin	Immune regulation research
Thymogen	Immune/cytokine regulation research
LL-37	Naturally occurring antimicrobial peptide • innate immunity research



CARDIOVASCULAR & ORGAN SUPPORT

Many peptides above (MOTS-C, TB-500, BPC-157, Thymosin Alpha-1, etc.) are being studied for potential cardiovascular and organ-protective effects through inflammation reduction, tissue repair, improved circulation, and cellular protection.

No peptide is FDA-approved specifically for cardiovascular disease.



ionpeptide.com
code: **BEVY15**



Peptira.com
code: **BEVY**



SOUTHERNAMINOS.com
code: **BEVY**

Important:

This cheat sheet is for educational reference only. Many of the compounds listed are investigational, are not FDA-approved for these uses, and have limited human safety/efficacy data. This is not medical advice. Always consult a qualified healthcare professional before using any peptide.





VENDOR PAGE

TRUSTED PARTNERS. QUALITY RESULTS.

VENDOR / BRAND	PRODUCTS OFFERED	WEBSITE	DISCOUNT CODE / NOTES
Acecosm	tox, boosters, filler, fat dissolvers	acecosm.com	BEVY10
Meamo Shop	tox, boosters, filler, fat dissolvers	meamoshop.com	BEVY
Celmade	tox, boosters, filler, fat dissolvers	celmade.co	BEVY15
Get Glowing Skincare	peels, boosters, filler, skincare	getglowingskincare.com	BEVY15
Dr Pen Online	dr pens & cartridges	drpenonline.com	BEVY
Ion Peptides	peptides	ionpeptide.com	BEVY15
Peptira	peptides	peptira.com	BEVY
Platinum Skincare	chemical peels	platinumskincare.com	SAVE10NOW

★ Thank you ★

FOR SUPPORTING THESE AMAZING BRANDS
THAT HELP US BRING YOU THE BEST RESULTS.

SUPPORT SMALL. SHOP SMART. GROW TOGETHER.

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